



Embracing diversity in healthcare

Princess Alexandra Hospital Online Health Symposium

24–27 August 2021

This year the symposium is a fully online, virtual experience on **zoom**

Digestive health:

All grains for all: ways to ward off the woes of non-coeliac wheat sensitivity

WEDNESDAY 25 AUGUST | 3.30PM—5PM | VIA ZOOM VIDEO WEBINAR

As many as 3.5 million Australians adopt a gluten-free diet because of painful symptoms they experience after consuming wheat products. However, only 1% are actually diagnosed with a 'medical' condition e.g. coeliac disease. The rest of 'non-coeliac wheat-sensitive' population often resort to consuming diets to avoid symptoms but with variable success and potentially long-term negative consequences for their health. So, what to do? This session will address the key needs and knowledge gaps needed to overcome this global challenge to digestive health, from a patient, basic science, clinical, and dietetic perspective.

Ms Aleisa Pearce

Princess Alexandra
Hospital consumer

Dr Ayesha Shah

Princess Alexandra Hospital

Prof Mike Gidley

The University of Queensland

Prof Mark Morrison

The University of Queensland
Diamantina Institute

Dr Clare Dix

The University of Queensland

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