



# Princess Alexandra Hospital Health Symposium

22–25 AUGUST 2023 | MEDICINE AND WELLNESS:

PROMOTING WHOLE OF PERSON WELL-BEING

## Opening Session - *Keynote Speaker*

### HEALTHCARE WORKER BURNOUT - INSIGHTS LESSONS LEARNT & A POSITIVE WAY FORWARD

Tuesday 22 August | 8.30am–10.00am | Russell Strong Auditorium

#### Dr Bethan Richards - Keynote Speaker

Dr Bethan Richards is the Head of the Department of Rheumatology at Royal Prince Alfred Hospital, Sydney and Deputy Director of the Institute for Musculoskeletal Health. In 2019, following her return from Stanford, Bethan had the honour of being appointed as Australia's first Chief Medical Wellness Officer as well as Sydney Local Health District's inaugural MDOK Centre Director.



#### *Session Chair*



**Dr Jeremy Wellwood**  
Princess Alexandra Hospital



**Prof Michael Stowasser**  
Princess Alexandra Hospital



**Noelle Cridland**  
Metro South Health

 [PAHSymposium@health.qld.gov.au](mailto:PAHSymposium@health.qld.gov.au)

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